



CANADA RESTAURANTS
Information Valid 7/1/2019 - 9/1/2019

Because of the handcrafted nature of our menu items, the shared cooking and preparation areas of our kitchens, and our reliance on suppliers for accurate information, we cannot eliminate the risk of cross-contact or guarantee that any item is free of any allergen. Please also note that this information does not indicate which items may have been made in a facility with an allergen. * Lack of gluten-containing ingredients **does not** necessarily meet the definition of "gluten-free" for those who are highly sensitive. When placing your order, please let your server know if you have a food allergy or intolerance.

Unless noted, information excludes the sides, dressings and dipping sauces that may be automatically served with your meal, shown separately within this guide.

Key to this Guide	NUTRITION	PREPARATION	COMMON ALLERGENS											OTHER		
			Peanut	Tree Nut	Soy	Egg	Dairy	Wheat	Finfish	Molluscan Shellfish oysters, clams, mussels, scallops	Crustacean Shellfish shrimp, crab, lobster	Sesame Seeds	Sulfites	Gluten* identified within ingredients	MSG	
Yes = Menu item contains this specific allergen Blank = means specific allergen is not in the Menu Item • Menu item presents a special risk of cross-contamination of all allergens due to the cooking method.	Calories	Risk of possible contamination due to cooking method														
CRABFEST®																
Crabfest® Mixed Grill with Salmon	630	•			Yes		Yes	Yes	Yes	Yes	Yes	Yes		Yes	Yes	
Crabfest® Surf and Turf with Sirloin	850	•			Yes		Yes	Yes				Yes		Yes	Yes	
Crabfest® Surf and Turf with Filet Mignon	830	•			Yes		Yes	Yes				Yes		Yes	Yes	
Crabfest® Surf and Turf with New York Strip	1160	•			Yes		Yes	Yes				Yes		Yes	Yes	
Crab Imperial	860	•			Yes		Yes	Yes				Yes		Yes	Yes	
Crab Imperial and Crab-Topped Salmon	910	•			Yes		Yes	Yes	Yes			Yes		Yes	Yes	
Crab Imperial and Crab-Topped Shrimp	770	•			Yes		Yes	Yes				Yes		Yes	Yes	
Crab Lovers Dream®	1080	•			Yes		Yes	Yes				Yes		Yes	Yes	
Ultimate Crabfest® Trio	570	•					Yes					Yes				
Add Bairdi Crab Legs	390	•					Yes					Yes				
Add Dungeness Crab Legs	420	•					Yes					Yes				
Add King Crab Legs	360	•					Yes					Yes				
Captains' Trio with Sirloin <i>(available for a limited-time)</i>	1450	•			Yes		Yes	Yes			Yes	Yes		Yes	Yes	
FEATURED APPETIZER																
Creamy Garlic-Crab Dip	740	•			Yes		Yes	Yes				Yes		Yes	Yes	
FEATURED SIDES																
Chesapeake Corn	100	•					Yes									
SEASIDE STARTERS																
Escargot <i>with grilled artisan bread</i>	300	•			Yes		Yes	Yes			Yes			Yes	Yes	
Island Jumbo Coconut Shrimp	610	•		Yes	Yes		Yes	Yes				Yes		Yes	Yes	
Chowder Fries	820	•			Yes	Yes	Yes	Yes	Yes		Yes				Yes	

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Lobster-Artichoke-and-Seafood Dip with tortilla chips	1120	•			Yes	Yes	Yes	Yes			Yes			Yes	
Mozzarella Cheesesticks	660	•			Yes		Yes	Yes						Yes	
Peppercorn-Panko Calamari	830	•					Yes	Yes		Yes				Yes	
Seafood-Stuffed Mushrooms	430	•			Yes		Yes	Yes			Yes		Yes	Yes	
Seaside Sampler	820	•		Yes	Yes	Yes	Yes	Yes			Yes		Yes	Yes	
Shrimp Potstickers	380	•			Yes	Yes		Yes			Yes		Yes	Yes	
Signature Jumbo Shrimp Cocktail	120	•									Yes		Yes		
Sweet Chili Shrimp	890	•			Yes	Yes		Yes			Yes		Yes	Yes	
White Wine and Roasted-Garlic Mussels with grilled artisan bread	760	•			Yes		Yes	Yes		Yes			Yes	Yes	
SOUPS & SALADS															
Classic Caesar Salad	520	•				Yes	Yes	Yes	Yes					Yes	
Add Fire-Grilled Chicken	100	•				Yes	Yes	Yes	Yes					Yes	
Add Fire-Grilled Shrimp	120	•			Yes	Yes	Yes	Yes	Yes		Yes		Yes	Yes	
Add Fire-Grilled Salmon	310	•				Yes	Yes	Yes	Yes					Yes	
Lobster Bisque (cup/bowl)	270/520	•			Yes		Yes	Yes			Yes		Yes	Yes	
New England Clam Chowder (cup/bowl)	170/330	•			Yes		Yes	Yes		Yes				Yes	
PERFECT PAIRINGS - ADD TO ANY MEAL															
Fire-Grilled Sea Scallops (Add-On)	90	•			Yes		Yes			Yes			Yes		
Fire-Grilled Shrimp Skewer (Add-On)	90	•			Yes		Yes				Yes		Yes		
Garlic Shrimp (Add-On)	200	•			Yes		Yes				Yes		Yes		
Maritime Lobster Tail – Classic (Add-On)	360	•					Yes				Yes				
Maritime Lobster Tail – Fire-Grilled (Add-On)	410	•			Yes		Yes				Yes				
Topped Maritime Lobster Tail (Add-On)	220	•			Yes		Yes	Yes			Yes			Yes	
Walt's Favourite Shrimp (Add-On)	300	•				Yes	Yes	Yes			Yes		Yes	Yes	
DINNER ENTRÉES															
Admiral's Feast	1190	•			Yes	Yes	Yes	Yes	Yes	Yes	Yes		Yes	Yes	Yes
Bar Harbor Lobster Bake	1250	•			Yes		Yes	Yes		Yes	Yes		Yes	Yes	
Cajun Chicken Linguini Alfredo	1410	•			Yes		Yes	Yes					Yes	Yes	
Canadian Snow Crab Legs	510	•									Yes				
Chef's Signature Lobster and Shrimp Pasta	1550	•			Yes		Yes	Yes			Yes		Yes	Yes	
Crab Linguini Alfredo	1240	•			Yes		Yes	Yes			Yes		Yes	Yes	
Double Lobster Tails	500	•			Yes		Yes				Yes		Yes		
Dragon Shrimp	940	•			Yes			Yes			Yes		Yes	Yes	
Fire-Grilled Chicken	210	•													

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Add Maple Glaze	60	•			Yes			Yes						Yes	
Add Yucatan Shrimp	250	•			Yes		Yes	Yes			Yes		Yes	Yes	
Add-Fire-Grilled Shrimp Skewer	90	•			Yes		Yes				Yes		Yes		
Fired-Grilled Shrimp	170	•			Yes		Yes				Yes		Yes		
Fire-Grilled Sirloin and Fire-Grilled Shrimp	340	•			Yes		Yes				Yes		Yes		
Fire-Grilled Sirloin and Garlic Shrimp	450	•			Yes		Yes				Yes		Yes		
Add Fire-Grilled Shrimp Skewer	90	•			Yes		Yes				Yes		Yes		
Add Garlic Shrimp	200				Yes		Yes				Yes		Yes		
Fire-Grilled Tacos with Chicken	450	•				Yes	Yes	Yes					Yes	Yes	
Fire-Grilled Tacos with Crunchy Fish	820	•				Yes	Yes	Yes	Yes				Yes	Yes	Yes
Fire-Grilled Tacos with Maritime & Norway Lobster Meat	490	•			Yes	Yes	Yes	Yes			Yes		Yes	Yes	
Fire-Grilled Tacos with Shrimp	420	•			Yes	Yes	Yes	Yes			Yes		Yes	Yes	
Fire-Grilled Tacos with Tilapia	540	•				Yes	Yes	Yes	Yes				Yes	Yes	
Fish and Chips	1020	•			Yes	Yes	Yes	Yes	Yes					Yes	
Island Jumbo Coconut Shrimp	960	•		Yes	Yes		Yes	Yes			Yes		Yes	Yes	
Live Maritime Lobster Dinner (Classic)	440	•					Yes				Yes				
Live Maritime Lobster Dinner (Stuffed)	600	•			Yes		Yes	Yes			Yes		Yes	Yes	
Lobster Mac and Cheese	1230	•			Yes		Yes	Yes			Yes		Yes	Yes	
Mixed Grill with Sirloin	670	•			Yes		Yes			Yes	Yes		Yes		
Mixed Grill with Fresh Atlantic Salmon	730	•			Yes		Yes		Yes	Yes	Yes		Yes		
Rock Lobster and Steak - Filet Mignon	680	•			Yes		Yes				Yes		Yes		
Rock Lobster and Steak - New York Strip	1050	•			Yes		Yes				Yes		Yes		
Rockfish and Scallop Skewer	1150	•			Yes		Yes		Yes	Yes			Yes		
Salmon New Orleans (half/full)	580/910	•			Yes		Yes		Yes		Yes		Yes		
Seaport Lobster and Shrimp	660	•			Yes		Yes				Yes		Yes		
Seaside Shrimp Trio	1120	•			Yes	Yes	Yes	Yes			Yes		Yes	Yes	
Shrimp Linguini Alfredo	1230	•			Yes		Yes	Yes			Yes		Yes	Yes	
Shrimp Lover's Tuesday – Fried Shrimp	280	•				Yes	Yes	Yes			Yes		Yes	Yes	
Shrimp Lover's Tuesday – Garlic Shrimp	220	•			Yes		Yes				Yes		Yes		
Shrimp Lover's Tuesday – Popcorn Shrimp	420	•			Yes	Yes	Yes	Yes			Yes		Yes	Yes	
Steak - Sirloin	250	•					Yes								
Steak - Filet Mignon	230	•					Yes								
Steak - New York Strip	560	•					Yes								
Ultimate Feast®	940	•			Yes	Yes	Yes	Yes			Yes		Yes	Yes	

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Walt's Favourite Shrimp	530	•				Yes	Yes	Yes			Yes		Yes	Yes	
Whitefish (Golden-Fried)	1210	•					Yes	Yes	Yes				Yes	Yes	Yes
Whitefish (Oven-Broiled)	400	•			Yes				Yes						
Yucatan Tilapia and Shrimp	860	•			Yes		Yes	Yes	Yes		Yes		Yes	Yes	
Create Your Own Combination – Fire-Grilled Chicken	100	•													
Create Your Own Combination – Fire-Grilled Tilapia	220	•							Yes						
Create Your Own Combination – Fire-Grilled Scallops	90	•			Yes		Yes			Yes			Yes		
Create Your Own Combination – Fire-Grilled Shrimp	90	•			Yes		Yes				Yes		Yes		
Create Your Own Combination – Garlic Shrimp	220	•			Yes		Yes				Yes		Yes		
Create Your Own Combination – Island Jumbo Coconut Shrimp	780	•		Yes	Yes		Yes	Yes			Yes		Yes	Yes	
Create Your Own Combination – Fire-Grilled Sirloin	250	•			Yes		Yes								
Create Your Own Combination – Shrimp Linguini Alfredo	630	•			Yes		Yes	Yes			Yes		Yes	Yes	
Create Your Own Combination – Soy-Ginger Salmon	360	•			Yes			Yes	Yes					Yes	
Create Your Own Combination – Walt's Favourite Shrimp	370	•				Yes	Yes	Yes			Yes		Yes	Yes	
4-COURSE FEAST (unique items)															
Cajun Chicken Linguini Alfredo	720	•			Yes		Yes	Yes					Yes	Yes	
Fire-Grilled Sirloin	250	•					Yes								
Fire-Grilled Shrimp	170	•			Yes		Yes				Yes		Yes		
Island Jumbo Coconut Shrimp	780	•		Yes	Yes		Yes	Yes			Yes		Yes	Yes	
Shrimp Linguini Alfredo	630	•			Yes		Yes	Yes			Yes		Yes	Yes	
Soy-Ginger Salmon	360	•			Yes			Yes	Yes					Yes	
Dessert – Triple-Chocolate Brownie à la Mode	320				Yes	Yes	Yes	Yes						Yes	
TODAY'S CATCH MENU (pending availability)															
Blackened Fish Seasoning - Preparation	15	•													
Broiled Fish Seasoning - Preparation	10	•													
Creamy Norway and Maritime Lobster Topping	170	•			Yes		Yes	Yes			Yes			Yes	
Soy Ginger Glaze Topping	40	•			Yes			Yes						Yes	
LUNCH ENTRÉES															
Cajun Chicken Linguini Alfredo	720/1410	•			Yes		Yes	Yes					Yes	Yes	
Captain's Catch	390	•			Yes	Yes	Yes	Yes	Yes		Yes		Yes	Yes	
Chef's Signature Lobster and Shrimp Pasta	770	•			Yes		Yes	Yes			Yes		Yes	Yes	
Chicken Breast Strips	650	•			Yes			Yes					Yes	Yes	

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Crab Linguini Alfredo	640/1240	•			Yes		Yes	Yes			Yes		Yes	Yes	
Crunchy Popcorn Shrimp	420	•			Yes	Yes	Yes	Yes			Yes		Yes	Yes	
Dragon Power Bowl with Crispy Shrimp	450	•			Yes			Yes			Yes		Yes	Yes	
Dragon Power Bowl with Fire-Grilled Chicken	390	•			Yes		Yes						Yes	Yes	
Dragon Power Bowl with Fire-Grilled Salmon	600	•			Yes			Yes	Yes				Yes	Yes	
Dragon Power Bowl with Fire-Grilled Shrimp	410	•			Yes		Yes	Yes			Yes		Yes	Yes	
Fire-Grilled Shrimp Skewers	160	•			Yes		Yes				Yes		Yes		
Classic Caesar Salad	520					Yes	Yes	Yes	Yes					Yes	
Add Grilled Chicken	100	•				Yes	Yes	Yes	Yes					Yes	
Add Grilled Shrimp	70	•			Yes	Yes	Yes	Yes	Yes		Yes		Yes	Yes	
Add Grilled Salmon	310	•			Yes	Yes	Yes	Yes	Yes					Yes	
Fire-Grilled Tacos with Chicken	450	•				Yes	Yes	Yes					Yes	Yes	
Fire-Grilled Tacos with Crunchy Fish	820	•				Yes	Yes	Yes	Yes				Yes	Yes	Yes
Fire-Grilled Tacos with Maritime & Norway Lobster Meat	490	•			Yes	Yes	Yes	Yes			Yes		Yes	Yes	
Fire-Grilled Tacos with Shrimp	420	•			Yes	Yes	Yes	Yes			Yes		Yes	Yes	
Fire-Grilled Tacos with Tilapia	540	•				Yes	Yes	Yes	Yes				Yes	Yes	
Fish and Chips	840	•			Yes	Yes	Yes	Yes	Yes					Yes	
Garlic Shrimp	210	•			Yes		Yes				Yes		Yes		
Hand-Breaded Shrimp	230	•				Yes	Yes	Yes			Yes		Yes	Yes	
Lobster Mac and Cheese	610	•			Yes		Yes	Yes			Yes		Yes	Yes	
Maple-Glazed Chicken	190	•			Yes			Yes						Yes	
Shrimp Linguini Alfredo	630/1230	•			Yes		Yes	Yes			Yes		Yes	Yes	
Shrimp and Fire-Grilled Chicken – Hand-Breaded Shrimp	440	•				Yes	Yes	Yes			Yes		Yes	Yes	
Shrimp and Fire-Grilled Chicken – Garlic Shrimp	410	•			Yes		Yes				Yes		Yes		
Shrimp and Fire-Grilled Chicken – Fire-Grilled Shrimp Skewer	360	•			Yes		Yes				Yes		Yes		
Whitefish (Golden-Fried)	710	•					Yes	Yes	Yes				Yes	Yes	Yes
Whitefish (Oven-Broiled)	200	•			Yes				Yes						
Summer Power Bowl with Crispy Shrimp	600	•		Yes	Yes			Yes			Yes		Yes	Yes	
Summer Power Bowl with Fire-Grilled Chicken	550	•		Yes	Yes								Yes		
Summer Power Bowl with Fire-Grilled Salmon	750	•		Yes	Yes				Yes				Yes		
Summer Power Bowl with Fire-Grilled Shrimp	560	•		Yes	Yes		Yes				Yes		Yes		
Create Your Own Lunch – Bay Scallops – Broiled	70	•			Yes					Yes					
Create Your Own Lunch – Bay Scallops – Fried	220	•					Yes	Yes		Yes			Yes	Yes	Yes

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Create Your Own Lunch – Chicken Breast Strips	420	•			Yes			Yes					Yes	Yes	
Create Your Own Lunch – Fish Fillet - Broiled	170	•			Yes				Yes						
Create Your Own Lunch – Fish Fillet - Fried	470	•					Yes	Yes	Yes				Yes	Yes	Yes
Create Your Own Lunch - Fire-Grilled Shrimp	60	•			Yes		Yes				Yes		Yes		
Create Your Own Lunch – Garlic Shrimp	110	•			Yes		Yes				Yes		Yes		
Create Your Own Lunch – Hand-Breaded Shrimp	150	•				Yes	Yes	Yes			Yes		Yes	Yes	
Create Your Own Lunch – Lightly Breaded Clam Strips	590	•			Yes	Yes	Yes	Yes	Yes	Yes				Yes	
DESSERTS															
Brownie Overboard™	980			Yes	Yes	Yes	Yes	Yes						Yes	
Chocolate Wave	1070				Yes	Yes	Yes	Yes					Yes	Yes	
Key Lime Pie	400				Yes	Yes	Yes	Yes						Yes	
Triple-Chocolate Brownie a la Mode	320				Yes	Yes	Yes	Yes						Yes	
Vanilla Bean Cheesecake with Strawberries	730				Yes	Yes	Yes	Yes						Yes	
Warm Apple Crostada	550				Yes	Yes	Yes	Yes						Yes	
SIDES & ADDITIONS															
Asparagus (<i>seasonal</i>)	80	•					Yes								
Baked Potato	210														
Add Butter to Baked Potato	60				Yes		Yes								
Add Sour Cream to Baked Potato	15						Yes								
Broccoli	40														
Caesar Salad	320				Yes	Yes	Yes	Yes	Yes					Yes	
Coleslaw	190				Yes	Yes									
Creamy Norway and Maritime Lobster Baked Potato	370	•			Yes		Yes	Yes			Yes			Yes	
Creamy Norway and Maritime Mashed Potatoes	350	•			Yes		Yes	Yes			Yes			Yes	
Crispy Dragon Broccoli	440	•			Yes			Yes					Yes	Yes	
French Fries	290	•													
Garden Salad <i>does not include dressing choice</i>	60							Yes						Yes	
Mashed Potatoes	190				Yes		Yes								
Rice	190				Yes								Yes		
Signature Biscuits (each)	150				Yes		Yes	Yes					Yes	Yes	
DRESSINGS & SAUCES															
100% Pure Melted Butter	300						Yes								
Blue Cheese Dressing	230				Yes	Yes	Yes								
Caesar Dressing	300				Yes	Yes	Yes		Yes						

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Champagne Vinaigrette	70				Yes								Yes		
Cocktail Sauce	35				Yes										
French Dressing	180														
Ketchup	60														
Marinara Sauce	35														
Pico de Gallo	10														
Piña Colada Dipping Sauce	100			Yes			Yes								
Plum Sauce	60												Yes		
Ranch Dressing	130					Yes	Yes								Yes
Tartar Sauce	210				Yes	Yes									
Thousand Island Dressing	190				Yes	Yes									
KIDS' MENU															
Chicken Fingers	420	•			Yes			Yes					Yes	Yes	
Fire-Grilled Shrimp	90	•			Yes		Yes				Yes		Yes		
Fire-Grilled Tilapia	220	•			Yes				Yes						
Golden-Fried Fish	240	•					Yes	Yes	Yes				Yes	Yes	Yes
Grilled Chicken	170	•													
Macaroni and Cheese	280	•			Yes		Yes	Yes						Yes	
Popcorn Shrimp	250	•			Yes	Yes	Yes	Yes			Yes		Yes	Yes	
Petite Maritime Lobster Tail	360	•					Yes				Yes				
Broccoli	40														
Fresh Fruit – Orange Wedges	30														
Surf's Up Sundae	160				Yes		Yes								