



CANADA RESTAURANTS

Information Valid 2/19/2020 - 4/19/2020

Because of the handcrafted nature of our menu items, the shared cooking and preparation areas of our kitchens, and our reliance on suppliers for accurate information, we cannot eliminate the risk of cross-contact or guarantee that any item is free of any allergen. Please also note that this information does not indicate which items may have been made in a facility with an allergen. \* Lack of gluten-containing ingredients **does not** necessarily meet the definition of "gluten-free" for those who are highly sensitive. When placing your order, please let your server know if you have a food allergy or intolerance.

Unless noted, information excludes the sides, dressings and dipping sauces that may be automatically served with your meal, shown separately within this guide.

Key to this Guide	NUTRITION	PREPARATION	COMMON ALLERGENS											OTHER	
			Peanut	Tree Nut	Soy	Egg	Dairy	Wheat	Finfish	Molluscan Shellfish oysters, clams, mussels, scallops	Crustacean Shellfish shrimp, crab, lobster	Sesame Seeds	Sulfites		Gluten* identified within ingredients
<b>Yes = Menu item contains this specific allergen</b> <b>Blank = means specific allergen is not in the Menu Item</b> • Menu item presents a special risk of cross-contamination of all allergens due to the cooking method.	Calories	Risk of possible contamination due to cooking method													
<b>LOBSTERFEST®</b>															
Butter-Poached Maritime Lobster Meat	500	•					Yes					Yes			
Butter-Poached Maritime Lobster Tail	250	•					Yes					Yes			
Fried Petite Maritime Lobster Tail	200	•				Yes	Yes	Yes				Yes		Yes	Yes
Lobster and Chips	1100	•			Yes	Yes	Yes	Yes				Yes		Yes	Yes
Lobster Lover's Dream®	1540	•			Yes		Yes	Yes				Yes		Yes	Yes
Lobster Mac and Cheese (half/full)	610 / 1230	•			Yes		Yes	Yes				Yes			Yes
New England Lobster and Seafood Bake	1860	•			Yes		Yes	Yes		Yes		Yes		Yes	Yes
Seafarer's Feast	950	•			Yes	Yes	Yes	Yes		Yes		Yes		Yes	Yes
Ultimate Lobsterfest® Surf and Turf	1580	•			Yes		Yes	Yes				Yes		Yes	Yes
<b>FEATURED APPETIZER</b>															
Chilled Lobster Claw and Shrimp Cocktail	260											Yes		Yes	
<b>SEASIDE STARTERS</b>															
Escargot with grilled artisan bread	300	•			Yes		Yes	Yes		Yes				Yes	Yes
Hand-Breaded Calamari (with marinara sauce)	910	•				Yes	Yes	Yes		Yes				Yes	Yes
Island Jumbo Coconut Shrimp	610	•		Yes	Yes		Yes	Yes				Yes		Yes	Yes
Lobster-Artichoke-and-Seafood Dip with tortilla chips	1120	•			Yes	Yes	Yes	Yes				Yes			Yes
Mozzarella Cheesesticks	660	•			Yes		Yes	Yes							Yes
Seafood-Stuffed Mushrooms	430	•			Yes		Yes	Yes				Yes		Yes	Yes
Seaside Sampler	1000	•		Yes	Yes	Yes	Yes	Yes				Yes		Yes	Yes

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Shrimp Potstickers	380	•			Yes	Yes		Yes			Yes		Yes	Yes
Signature Jumbo Shrimp Cocktail	120	•									Yes		Yes	
Sweet Chili Shrimp	890	•			Yes	Yes		Yes			Yes		Yes	Yes
White Wine and Roasted-Garlic Mussels with grilled artisan bread	760	•			Yes		Yes	Yes		Yes			Yes	Yes
<b>SOUPS &amp; SALADS</b>														
Classic Caesar Salad	520	•				Yes	Yes	Yes	Yes					Yes
Add Fire-Grilled Chicken	100	•				Yes	Yes	Yes	Yes					Yes
Add Fire-Grilled Salmon	310	•				Yes	Yes	Yes	Yes					Yes
Add Fire-Grilled Shrimp	120	•			Yes	Yes	Yes	Yes	Yes		Yes		Yes	Yes
Lobster Bisque (cup/bowl)	270/520	•			Yes		Yes	Yes			Yes		Yes	Yes
New England Clam Chowder (cup/bowl)	170/330	•			Yes		Yes	Yes		Yes				Yes
<b>PERFECT PAIRINGS - ADD TO ANY MEAL</b>														
Fire-Grilled Sea Scallops (Add-On)	90	•			Yes		Yes			Yes			Yes	
Fire-Grilled Shrimp Skewer (Add-On)	90	•			Yes		Yes				Yes		Yes	
Garlic Shrimp (Add-On)	200	•			Yes		Yes				Yes		Yes	
Lobster Mac and Cheese (Add-On)	610	•			Yes		Yes	Yes			Yes			Yes
Maritime Lobster Tail – Classic (Add-On)	360	•					Yes				Yes			
Maritime Lobster Tail – Fire-Grilled (Add-On)	410	•			Yes		Yes				Yes			
Topped Maritime Lobster Tail (Add-On)	220	•			Yes		Yes	Yes			Yes			Yes
Walt's Favourite Shrimp (Add-On)	300	•				Yes	Yes	Yes			Yes		Yes	Yes
<b>DINNER ENTRÉES</b>														
Admiral's Feast	1190	•			Yes	Yes	Yes	Yes	Yes	Yes	Yes		Yes	Yes
Bar Harbor Lobster Bake	1250	•			Yes		Yes	Yes		Yes	Yes		Yes	Yes
Cajun Chicken Linguini Alfredo	1410	•			Yes		Yes	Yes					Yes	Yes
Canadian Snow Crab Legs	510	•									Yes			
Chef's Signature Lobster and Shrimp Pasta	1550	•			Yes		Yes	Yes			Yes		Yes	Yes
Crab Linguini Alfredo	1240	•			Yes		Yes	Yes			Yes		Yes	Yes
Double Lobster Tails	500	•			Yes		Yes				Yes		Yes	
Dragon Shrimp	880	•			Yes			Yes			Yes		Yes	Yes
Fire-Grilled Chicken	210	•												
Add Maple Glaze	60	•			Yes			Yes						Yes
Add Yucatan Shrimp	250	•			Yes		Yes	Yes			Yes		Yes	Yes
Add-Fire-Grilled Shrimp Skewer	90	•			Yes		Yes				Yes		Yes	

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Fire-Grilled Lobster, Shrimp and Salmon	700	•			Yes		Yes		Yes		Yes		Yes	
Fired-Grilled Shrimp	170	•			Yes		Yes				Yes		Yes	
Fire-Grilled Sirloin and Fire-Grilled Shrimp	340	•			Yes		Yes				Yes		Yes	
Fire-Grilled Sirloin and Garlic Shrimp	450	•			Yes		Yes				Yes		Yes	
Add Fire-Grilled Shrimp Skewer	90	•			Yes		Yes				Yes		Yes	
Add Garlic Shrimp	200	•			Yes		Yes				Yes		Yes	
Fire-Grilled Tacos with Chicken	450	•				Yes	Yes	Yes					Yes	Yes
Fire-Grilled Tacos with Crunchy Fish	820	•				Yes	Yes	Yes	Yes				Yes	Yes
Fire-Grilled Tacos with Shrimp	420	•			Yes	Yes	Yes	Yes			Yes		Yes	Yes
Fire-Grilled Tacos with Tilapia	540	•				Yes	Yes	Yes	Yes				Yes	Yes
Fish and Chips	1020	•			Yes	Yes	Yes	Yes	Yes					Yes
Island Jumbo Coconut Shrimp	960	•		Yes	Yes		Yes	Yes			Yes		Yes	Yes
Island Jumbo Coconut Shrimp (Add five more)	530	•		Yes	Yes		Yes	Yes			Yes		Yes	Yes
Jumbo Fried Shrimp	370	•					Yes	Yes			Yes		Yes	Yes
Live Maritime Lobster Dinner (Classic)	440	•					Yes				Yes			
Live Maritime Lobster Dinner (Stuffed)	600	•			Yes		Yes	Yes			Yes		Yes	Yes
Lobster Mac and Cheese	1230	•			Yes		Yes	Yes			Yes			Yes
Maritime Lobster and Steak - Filet Mignon	620	•			Yes		Yes				Yes		Yes	
Maritime Lobster and Steak - New York Strip	950	•			Yes		Yes				Yes		Yes	
Rockfish and Scallop Skewer	1150	•			Yes		Yes		Yes	Yes			Yes	
Salmon New Orleans (half/full)	580/910	•			Yes		Yes		Yes		Yes		Yes	
Seaport Lobster and Shrimp	690	•			Yes		Yes				Yes		Yes	
Seaside Shrimp Trio	1120	•			Yes	Yes	Yes	Yes			Yes		Yes	Yes
Shrimp Linguini Alfredo	1230	•			Yes		Yes	Yes			Yes		Yes	Yes
Shrimp Lover's Tuesday – Fried Shrimp	280	•				Yes	Yes	Yes			Yes		Yes	Yes
Shrimp Lover's Tuesday – Garlic Shrimp	220	•			Yes		Yes				Yes		Yes	
Shrimp Lover's Tuesday – Popcorn Shrimp	420	•			Yes	Yes	Yes	Yes			Yes		Yes	Yes
Steak - Sirloin	250	•					Yes							
Steak - Filet Mignon	230	•					Yes							
Steak - New York Strip	560	•					Yes							
Ultimate Feast®	930	•			Yes	Yes	Yes	Yes			Yes		Yes	Yes
Yucatan Tilapia and Shrimp	860	•			Yes		Yes	Yes	Yes		Yes		Yes	Yes
Create Your Own Combination – Fire-Grilled Chicken	110	•												

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Create Your Own Combination – Fire-Grilled Tilapia	220	•							Yes					
Create Your Own Combination – Fire-Grilled Sea Scallops	90	•			Yes		Yes			Yes			Yes	
Create Your Own Combination – Fire-Grilled Shrimp	90	•			Yes		Yes				Yes		Yes	
Create Your Own Combination – Garlic Shrimp	220	•			Yes		Yes				Yes		Yes	
Create Your Own Combination – Island Jumbo Coconut Shrimp	780	•		Yes	Yes		Yes	Yes			Yes		Yes	Yes
Create Your Own Combination – Jumbo Fried Shrimp	200	•					Yes	Yes			Yes		Yes	Yes
Create Your Own Combination – Nashville Hot Shrimp with Honey	440	•			Yes			Yes			Yes		Yes	Yes
Create Your Own Combination – Fire-Grilled Sirloin	250	•			Yes		Yes							
Create Your Own Combination – Shrimp Linguini Alfredo	630	•			Yes		Yes	Yes			Yes		Yes	Yes
Create Your Own Combination – Soy-Ginger Salmon	360	•			Yes			Yes	Yes					Yes
Create Your Own Combination – Walt's Favourite Shrimp	370	•				Yes	Yes	Yes			Yes		Yes	Yes
<b>3-COURSE FEAST (unique items)</b>														
Cajun Chicken Linguini Alfredo	1410	•			Yes		Yes	Yes					Yes	Yes
Fire-Grilled Shrimp	170	•			Yes		Yes				Yes		Yes	
Fire-Grilled Sirloin	310	•					Yes							
Island Jumbo Coconut Shrimp	1040	•		Yes	Yes		Yes	Yes	Yes		Yes		Yes	Yes
Shrimp Linguini Alfredo	1230	•			Yes		Yes	Yes			Yes		Yes	Yes
Dessert – Triple-Chocolate Brownie à la Mode	320				Yes	Yes	Yes	Yes						Yes
<b>WEEKDAY SPECIALS (MON-FRI, available all day)</b>														
MONDAY: Endless Fire-Grilled Shrimp Skewer (initial/refill)	310 / 120	•			Yes		Yes				Yes		Yes	
MONDAY: Endless Garlic Shrimp (initial/refill)	400 / 200	•			Yes		Yes				Yes		Yes	
MONDAY: Endless Hand-Breaded Shrimp (initial/refill)	280 / 200	•				Yes	Yes	Yes			Yes		Yes	Yes
MONDAY: Endless Shrimp Linguini Alfredo (initial/refill)	630 / 630	•			Yes		Yes	Yes			Yes		Yes	Yes
MONDAY: Endless Nashville Hot Shrimp (initial/refill)	440 / 320	•			Yes			Yes			Yes		Yes	Yes
TUESDAY: Sirloin and Jumbo Fried Shrimp	450	•					Yes	Yes			Yes		Yes	Yes
WEDNESDAY: Fish and Chips Dinner	1020	•			Yes	Yes	Yes	Yes	Yes					Yes
THURSDAY: Seafarer's Feast for Two (entrée)	1140	•			Yes	Yes	Yes	Yes		Yes	Yes		Yes	Yes
FRIDAY: Jumbo Fried Shrimp	370	•					Yes	Yes			Yes		Yes	Yes
<b>TODAY'S CATCH MENU (pending availability)</b>														

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Blackened Fish Seasoning - Preparation (per fillet)	15	•												
Broiled Fish Seasoning - Preparation (per fillet)	10	•												
Creamy Norway and Maritime Lobster Topping	170	•			Yes		Yes	Yes			Yes			Yes
Soy Ginger Glaze Topping	40	•			Yes			Yes						Yes
<b>LUNCH ENTRÉES</b>														
Cajun Chicken Linguini Alfredo (lunch/full)	720/1410	•			Yes		Yes	Yes					Yes	Yes
Captain's Catch	390	•			Yes	Yes	Yes	Yes	Yes		Yes		Yes	Yes
Chef's Signature Lobster and Shrimp Pasta	770	•			Yes		Yes	Yes			Yes		Yes	Yes
Chicken Breast Strips	650	•			Yes			Yes					Yes	Yes
Crab Linguini Alfredo (lunch/full)	640/1240	•			Yes		Yes	Yes			Yes		Yes	Yes
Dragon Power Bowl with Crispy Shrimp	450	•			Yes			Yes			Yes		Yes	Yes
Dragon Power Bowl with Fire-Grilled Chicken	390	•			Yes		Yes						Yes	Yes
Dragon Power Bowl with Fire-Grilled Salmon	600	•			Yes			Yes	Yes				Yes	Yes
Dragon Power Bowl with Fire-Grilled Shrimp	410	•			Yes		Yes	Yes			Yes		Yes	Yes
Fire-Grilled Tacos with Chicken	450	•				Yes	Yes	Yes					Yes	Yes
Fire-Grilled Tacos with Crunchy Fish	820	•				Yes	Yes	Yes	Yes				Yes	Yes
Fire-Grilled Tacos with Shrimp	420	•			Yes	Yes	Yes	Yes			Yes		Yes	Yes
Fire-Grilled Tacos with Tilapia	540	•				Yes	Yes	Yes	Yes				Yes	Yes
Fish and Chips	840	•			Yes	Yes	Yes	Yes	Yes					Yes
Harvest Power Bowl with Crispy Shrimp	770	•			Yes		Yes	Yes			Yes		Yes	Yes
Harvest Power Bowl with Fire-Grilled Chicken	730	•			Yes		Yes						Yes	
Harvest Power Bowl with Fire-Grilled Salmon	930	•			Yes		Yes		Yes				Yes	
Harvest Power Bowl with Fire-Grilled Shrimp	730	•			Yes		Yes				Yes		Yes	
Lobster Mac and Cheese	610	•			Yes		Yes	Yes			Yes			Yes
Maple-Glazed Chicken	190	•			Yes			Yes						Yes
Rockfish and Scallop Skewer	1150	•			Yes		Yes		Yes	Yes			Yes	
Shrimp Linguini Alfredo (lunch/full)	630/1230	•			Yes		Yes	Yes			Yes		Yes	Yes
Shrimp and Fire-Grilled Chicken – Hand-Breaded Shrimp	440	•				Yes	Yes	Yes			Yes		Yes	Yes
Shrimp and Fire-Grilled Chicken – Garlic Shrimp	490	•			Yes		Yes				Yes		Yes	
Shrimp and Fire-Grilled Chicken – Fire-Grilled Shrimp Skewer	360	•			Yes		Yes				Yes		Yes	
Whitefish (Golden-Fried)	710	•					Yes	Yes	Yes				Yes	Yes
Whitefish (Oven-Broiled)	200	•			Yes				Yes					

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Create Your Own Lunch – Bay Scallops – Broiled	70	•			Yes					Yes				
Create Your Own Lunch – Bay Scallops – Fried	220	•					Yes	Yes		Yes			Yes	Yes
Create Your Own Lunch – Chicken Breast Strips	420	•			Yes			Yes					Yes	Yes
Create Your Own Lunch – Fish Fillet - Broiled	170	•			Yes				Yes					
Create Your Own Lunch – Fish Fillet - Fried	470	•					Yes	Yes	Yes				Yes	Yes
Create Your Own Lunch - Fire-Grilled Shrimp	60	•			Yes		Yes				Yes		Yes	
Create Your Own Lunch – Garlic Shrimp	200	•			Yes		Yes				Yes		Yes	
Create Your Own Lunch – Hand-Breaded Shrimp	150	•				Yes	Yes	Yes			Yes		Yes	Yes
Create Your Own Lunch – Lightly Breaded Clam Strips	590	•			Yes	Yes	Yes	Yes	Yes	Yes				Yes
Create Your Own Lunch – Crunchy Popcorn Shrimp	230	•			Yes	Yes	Yes	Yes			Yes		Yes	Yes
<b>DESSERTS</b>														
Brownie Overboard™	980			Yes	Yes	Yes	Yes	Yes						Yes
Chocolate Wave	1070				Yes	Yes	Yes	Yes					Yes	Yes
Triple-Chocolate Brownie a la Mode	320				Yes	Yes	Yes	Yes						Yes
Vanilla Bean Cheesecake	730				Yes	Yes	Yes	Yes						Yes
Warm Apple Crostada	550				Yes	Yes	Yes	Yes						Yes
<b>SIDES &amp; ADDITIONS</b>														
Asparagus ( <i>seasonal</i> )	80	•					Yes							
Baked Potato	210													
Add Butter to Baked Potato	60				Yes		Yes							
Add Sour Cream to Baked Potato	15						Yes							
Broccoli	40													
Caesar Salad	320				Yes	Yes	Yes	Yes	Yes					Yes
Coleslaw	190				Yes	Yes								
Creamy Norway and Maritime Lobster Baked Potato	370	•			Yes		Yes	Yes			Yes			Yes
Creamy Norway and Maritime Mashed Potatoes	350	•			Yes		Yes	Yes			Yes			Yes
Crispy Dragon Broccoli	440	•			Yes			Yes					Yes	Yes
French Fries	290	•												
Garden Salad <i>does not include dressing choice</i>	60							Yes						Yes
Mashed Potatoes	190				Yes		Yes							
Rice	190				Yes								Yes	
Roasted Harvest Vegetables	260						Yes							
Signature Biscuits (each)	150				Yes		Yes	Yes					Yes	Yes

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<b>DRESSINGS &amp; SAUCES</b>														
100% Pure Melted Butter	300						Yes							
Blue Cheese Dressing	230				Yes	Yes	Yes							
Butter	60				Yes		Yes							
Caesar Dressing	300				Yes	Yes	Yes		Yes					
Champagne Vinaigrette Dressing	70				Yes								Yes	
Cocktail Sauce	35				Yes									
French Dressing	180													
Ketchup	60													
Marinara Sauce	35													
Pico de Gallo	10													
Piña Colada Sauce	100			Yes			Yes							
Plum Sauce	60												Yes	
Ranch Dressing	130					Yes	Yes							
Sour Cream	15						Yes							
Tartar Sauce	210				Yes	Yes								
Thousand Island Dressing	190				Yes	Yes								
<b>KIDS' MENU</b>														
Chicken Fingers	420	•			Yes			Yes					Yes	Yes
Fire-Grilled Shrimp	90	•			Yes		Yes				Yes		Yes	
Fire-Grilled Tilapia	220	•			Yes				Yes					
Golden-Fried Fish	240	•					Yes	Yes	Yes				Yes	Yes
Grilled Chicken	170	•												
Macaroni and Cheese	280	•			Yes		Yes	Yes						Yes
Popcorn Shrimp	250	•			Yes	Yes	Yes	Yes			Yes		Yes	Yes
Petite Maritime Lobster Tail	360	•					Yes				Yes			
Broccoli	40													
Fresh Fruit – Orange Wedges	30													
Surf's Up Sundae	160				Yes		Yes							